

# What is *Positive Destinations*?

**Positive Destinations** is the term we use to mean that you feel like you are in a good place in your life. Everyone will have their own personal Positive Destination.

For some this could mean:



being in a job



studying



training



looking after  
your family



feeling  
empowered



independence



feeling  
happy



good health

# What does *Positive Destinations* mean to others?

*“Life in general has to go a certain way for people to have positivity including finding positivity in negative days”*

*“The key principle for a fulfilled life for those leaving care is to have something meaningful going on during their days that means they can look forward with hope and purpose.”*

*“I think I’m in a good place because I’ve got my house and a job, got my family, and everyone is getting on really well”*

*“It’s about helping young people achieve and have a stable life just like anyone else”*